



Our school is working towards the Active School Flag. This is a record of the work that we have undertaken.

# Our Active School Slogan



Walk, run and have some fun! Be more active, everyone!

## **Our Active School Committee**



#### **Active Team**

Ms Reilly Ms Dervan

Ms Barrett Ms Rowland

Ms Mc Hugh Ms Cummins

Our Active School Flag Team meet monthly throughout the school year to plan active events and challenges.

## Active School Class Reps.





Every class has an Active School Flag representative. At these meetings we discuss new and existing initiatives. The committee suggest areas for further improvement. They each report active news back to their class, such as new yard games, new FMS and upcoming challenges. The active committee member also reminds their teacher to take active breaks and undertakes tasks such as filling in active challenge charts throughout the year.

# **PE Equipment Monitors**

Our 2nd class children monitor the playground equipment and ensure it is in good and safe condition for use. They bring equipment into the yard and they encourage everyone to enjoy it.





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# **Playground Leaders**

Our 2nd class playground leaders show the younger children how to play the current playground game.





## **Active Line Leaders**

Our active line leaders ensure that lines stay active at the end of yard break.





## **Dance Leaders**

On Mondays and Fridays, we dance in the yard to our favourite songs. Our children are super dancers and they enjoy creating dance routines for everyone to follow.





## What Clubs Are You In?

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We are lucky to have so many sports clubs in our area!

#### GAA

Castleknock GAA St Brigid's GAA St Peregrine's Westmanstown

#### Soccer

Verona FC Castleknock FC St Mochta's Corduff FC Phoenix FC Belvedere Hartstown/ Huntstown

#### Rugby

Coolmine Rugby Club Westmanstown RFC

#### Dancing

Catherine Casey School of Dance
Jill O Neill School of Dance
Manicle School of Irish Dance
Marian Lennon School of ballet
Clare Connolly Dance and Ballet
Star Kids
Platform Stage school
Dublin Stage School

Cabe Academy of Irish Dance

Cavanagh Porter Drama School
NPAS dancing

St Francis Xavier SNS dancing Bolton Academy of Irish Dancing

#### Swimming

Coolmine swimming pool NAC Aquatic Centre

#### Junction 6 Westmanstown Castleknock Hotel

Sport's Link, Santry

#### Gymnastics

Coolmine gymnastics Sports Campus gymnastics Children of Lir Gymnastics Leap gymnastics

#### Self Defence

Karate Coolmine Karate Tyrrelstown Blanchardstown Taekwon-Do Academy

#### Satori BJJ

D15 Academy Brazilian Jiu Jitsu Krav Maga, Coolmine Ind Estate Royal Grappling Academy BJJ, Junction 6

Capoeira, city centre Tae Kwon Do. Whitehall

#### Horse riding

Ashown Stables Pelletstown

#### Basketball

Ongar Chasers basketball club Trident basketball

#### Tennis

#### Cricket

#### Athletics

MSB Athletics Club

#### NSC Athletics

Other Golf

Radminton Sport's Commu

We are very lucky to have so many sports clubs in our locality. Here are some of the clubs our pupils are involved with.



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# **Working with Local Agencies**

Throughout the year, we receive visits from our local GAA club's GPOs. The pupils learn new skills while having fun and playing new games. 1st class children enjoyed an athletic programme with Fingal's Sports Development Officer. Our 2nd class children enjoy attending swimming lessons in Coolmine, our local swimming pool.





# Our school acknowledges physical activity effort, during and after school.





# **ASF Pupil Survey Results**







Our school distributed an ASF questionnaire for pupils. We discussed the feedback and we implemented some actions in response. Pupils collected litter from the school grounds as an active break. Our playground leaders showed the children how to shoot hoops during break time. We have music during yard break on Monday and Fridays.

# **ASF Parent Survey Results**





Our school distributed an ASF questionnaire to parents. We discussed the feedback and we implemented some actions in response. Here, the children are taking part in a nature trails where they are identifying some Irish wildlife. We also organised various taster sessions. In the second photo, the 1st class children are taking part in a martial arts taster session during Active School Week.