

#ASW

Active School Week



*Our school is working towards the Active School Flag.
This is a record of the work that we have undertaken.*

Our ASW dates were 29th of April to 3rd May.



**Active
School
Week**

Suggestions from pupils and Parents

Our school invites pupils and parents to make suggestions in advance of designing our Active School Week programme. Pupils and teachers wear their tracksuits all week.



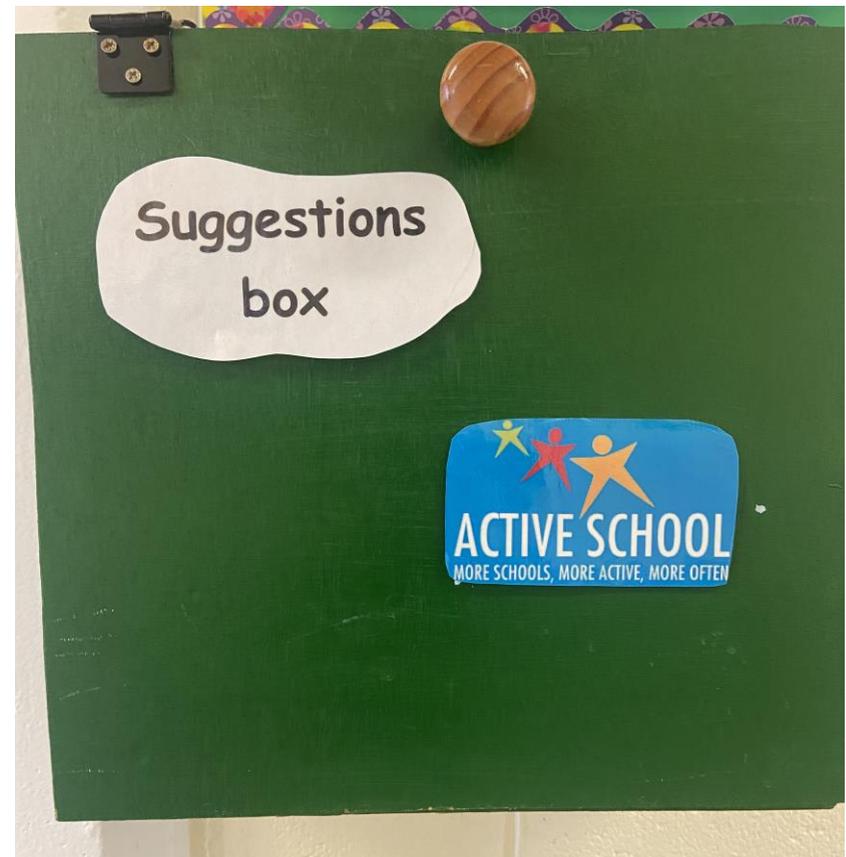
St Francis Xavier JNS Active School Flag Parent's Questionnaire

Parent's Questionnaire on Physical Education and Physical Activity in our school



St Francis Xavier JNS Active School Flag Pupil Questionnaire

Pupil questionnaire on Physical Education and Physical Activity in our school



WALKWAY Challenges

ACTIVE SCHOOL WALKWAY

Every class uses the Walkway route to promote physical activity in a cross-curricular way during the week.



Active Homework

Written homework was replaced with physical homework during Active School Week.



Whole School FUN Event

Our whole school learned the dance moves for 'Make some Noise'. We gathered in the yard on Friday to dance together as a whole school.



Teachers vs. Pupils

During Active School Week, pupils and teachers competed to see who could jump the highest while French skipping.



Visitors and taster sessions.

During Active School Week, Nikki from Playball visited our school to provide taster sessions focusing on various skills. We also enjoyed visits from active parents. Our 2nd classes completed their final swimming lesson in our local swimming pool in Coolmine.



Visitors and Taster sessions

Marcus from Savage martial arts visited our 1st classes and gave a demonstration.



Local Physical Amenities

Our school makes use of local physical amenities.



Art Competition

Well done to our winners of this year's Active School Week art competition!



Active Breaks all week!

We enjoyed some French skipping outside this week and even got to challenge some teachers.



The children got moving to 'Make some



Trying NEW Activities

Poly Spot Game ideas



Hunt Relay



Poly Scotch



Poly spots are used to create hop scotch patterns.



#ASW Teacher Challenges

Teachers had a step challenge competition during Active School Week. Well done to our winners!

